

Pharmeducation Masterclass 2024

Topics

| A Symptom-Based Approach to Medication Reviews | |
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| <p>Sleep apnoea Obstructive sleep apnoea is a common sleep-related symptom. This session will discuss the symptoms suggestive of OSA and common comorbidities.</p> | Debbie Rigby |
| <p>Postural hypotension Postural hypotension can lead to dizziness, light-headedness and falls. This session will explore underlying causes such as dehydration, certain medications or neurological conditions.</p> | Peter Tenni |
| <p>Muscle cramps Muscle cramps are common among older persons, ranging in intensity from a slight tic (twitching) to agonizing pain. This session will explore the underlying causes and guidance on treatment.</p> | Debbie Rigby |
| <p>Pain Acute and chronic pain are frequent symptoms found in medication reviews. Contemporary pain studies confirms that opioid treatment and cessation both can result in worsening pain. This session explores modern pain science and the impact on how opioids should be used in pain management.</p> | Peter Tenni |
| Myth-busters | |
| Antidepressant deprescribing, Vitamin D supplements | Peter Tenni |
| Beta-blockers post MI, DAPT duration, Statins for old-old, Beetroot juice for COPD, and more | Debbie Rigby |

| Assessing the Evidence for Emerging Medications | |
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| <p>Assessing Evidence from Medical Literature: Differentiating Benefit from Bulldust This introductory session will discuss the basics of statistical interpretation and different study types, how to interpret statistical versus clinical differences, and when to call “bulldust”.</p> | Peter Tenni |
| <p>Emerging Drugs in Renal Disease A focus on game-changing medications for chronic kidney disease, with a focus on SGLT2 inhibitors and non-steroidal MRAs.</p> | Debbie Rigby |
| <p>Emerging Drugs in Dementia There has been much hype and hope about the use of monoclonal antibodies for treatment of dementia. This session will review the evidence and allow you to provide an informed opinion to your patients and their carers.</p> | Peter Tenni |
| <p>Emerging Drugs in Diabetes This session will focus on new findings for treatment options for type 2 diabetes.</p> | Debbie Rigby |

| Cardiology Essentials for Medication Review Pharmacists | |
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| <p>Hypertension and other risk factors and impact on cardiovascular disease Hypertension is a major risk factor for cardiovascular disease. This session will provide practical tips for identifying and managing risk factors and a focus on the SPRINT trial results.</p> | Debbie Rigby |
| <p>Ischaemic Heart Disease Chronic ischemic heart disease is a frequent underlying condition in many medication reviews. This session will review the pathophysiology of IHD and the appropriate pharmacological management. This will include clarification of the need for ongoing use of (one or more) antiplatelet agents, beta blockers and vasodilators.</p> | Peter Tenni |
| <p>Atrial Fibrillation This session will discuss the different types and stages of atrial fibrillation and how clarifying this can assist in determining the need or otherwise for rate control, rhythm control or anticoagulation.</p> | Peter Tenni |
| <p>Heart Failure The past decade has seen significant advances in the pharmacological management of heart failure across the entire ejection fraction spectrum. The four pillars of heart failure therapy should now be rapidly and simultaneously introduced.</p> | Debbie Rigby |